



All meals and refreshments are provided. No cash is required at camp. If travelling a long distance you may want some cash for a light meal to and from.

Sleeping quarters are heated, include showers, bathrooms and electricity. Bunks have a mattress.

WHAT TO BRING

- Sleeping Bag or blankets & Pillow
- Pajamas
- Socks & Underwear
- Sportswear: Shorts & Jeans, T Shirts and Sweatshirts. Comfortable clothes for sports activities. *Be prepared for wet to hot weather.*
- Shoes (*closed shoes are best for most of the event. The grounds are grassy and can be damp on occasion. Sandals are not suitable for many of the team building exercises*)
- Jacket or Light Rain Coat
- Bath Towel and wash cloth (none are provided)
- Toiletries (*Shampoo, Soap, Deodorant, Razor, Toothbrush, comb/brush, blow-dryer, etc ..*)
- Water Bottle
- Flashlight
- Camera (cell phone cameras are not to be used)
- Lip Balm & Sun Screen
- Clothes for an evening Dance. *Your choice on casual or more dressy.*
- Musical Instruments, costume, props, etc. for talent show

WHAT NOT TO BRING (*Will be confiscated and returned after camp*)

- Cell Phones: *Students may keep their cell phone in the cabin, but are not allowed to use it unless specifically given permission to do so. Allowances are limited to contacting their parents under counselor supervision.*
- ipods, ipads, Gaming Devices, etc.
- Radio, Television/DVD Players
- Inappropriate Clothing for a professional and academic environment.
- Cigarettes
- Alcohol/Drugs
- Food
- Knives - Weapons (of any sort)